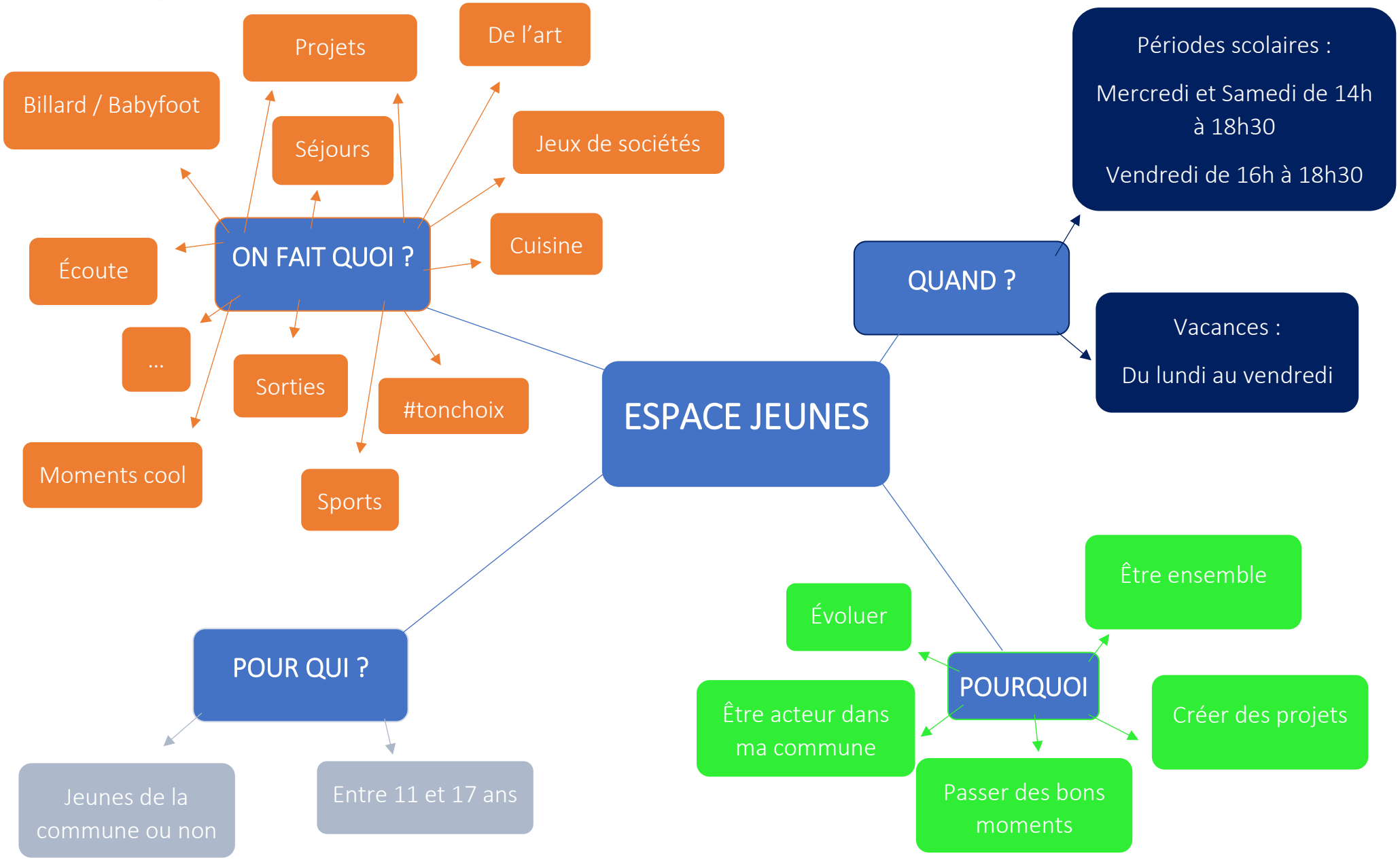L'Espace Jeunes, c'est quoi ?